

The Performance and Workshop

The Bullying Prevention Session is a workshop play, presentation and discussion on the topic of bullying behaviour for primary school students. Written by Dr. Peadar Donohoe, researcher on the use of role-play and drama for bullying awareness and prevention.

The Bullying Prevention Session aims to raise awareness about bullying by looking at:

- What bullying is
- The forms it can take such as cyber bullying, social and relational exclusion, verbal, physical, gesture and extortion
- The roles played by those involved in bullying
- The impact of bullying

Ultimately, The Bullying Prevention Session has three goals to:

- Challenge attitudes about bullying
- Involve students in creating strategies & tools to effectively curb bullying in their school
- Share current research knowledge about bullying behaviour and its effects on young people

"I cannot say enough about this project. It is making waves and is without doubt changing the world we all inhabit for the better." - Brendan Scahill, HSE Community Worker.

CYCLONE REP Nationwide tour 2016/17

Cyclone Rep in partnership with The Everyman presents The Cyclone Rep Shakespeare Sessions 2016/17.

The Cyclone Rep Sessions are entertaining and engaging student-centred performances that include a scholarly review clarifying the main themes and topics as well as discussions with the students and opportunities for participation.

The Sessions help Junior and Leaving Certificate learners in their understanding of Shakespeare's masterpieces. This year we are offering The Romeo & Juliet Session, The Merchant Session and The King Lear Session and The Hamlet Session.

The Cyclone Rep Sessions have been highly lauded as an ideal way to present curriculum texts to learners:

"The theatre is transformed into a creative learning hub where new perspectives on theme, character and plot are bounced back and forth between actors and an attentive audience" - Doireann O'Brien, Waterford student reviewing The King Lear Session

"A thought provoking and entertaining enactment of the play with great discussion sessions and audience participation. I am teaching for 23 years and this is the best production of Merchant of Venice I've seen." - Siobhán McGuinness, Galway teacher reviewing The Merchant Session

"If you don't understand the play after this show you never will. Performed with excellent explanation and humour. Brilliant and a must for all students." - Lorraine Sherry, Dublin parent reviewing The Merchant Session

"Fantastic - very interactive - loved the interpretations & comedy. Whole production was amazing. I felt the students really enjoyed it, we as teachers did!" - Ann Marie Babington, Co. Longford teacher reviewing The Hamlet Session

Tickets

The Bullying Prevention Session : €10 per student / teachers and SNAs are free

Shakespeare Sessions : €15 per student / teachers and SNAs are free

To book / more info please contact our sales team on:
021 - 235 5356 / info@cyclonerep.com

For more reviews, resources, video clips and further information please visit our website: cyclonerep.com

The BPS Primary is also available for bookings and is aimed at 2nd-6th classes. It looks at identifying bullying behaviours and getting pupils involved in finding prevention solutions.

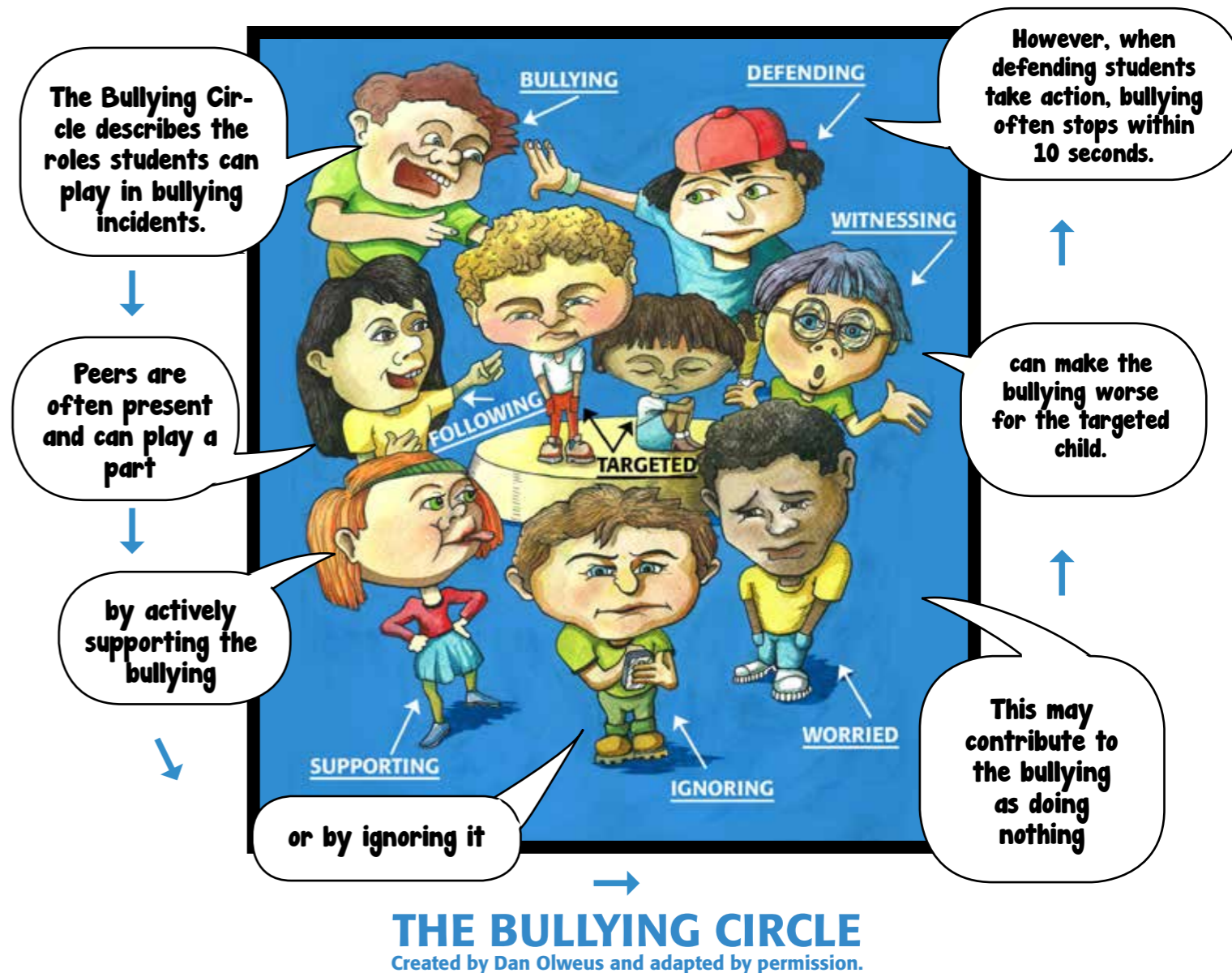
For more information on the BPS Primary tour please contact Cyclone Rep.

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the Bullying Prevention Session Secondary



AN INTERACTIVE PLAY, PRESENTATION
AND WORKSHOP ON SCHOOL BULLYING

CYCLONE REP

What is bullying?

Bullying is defined as unwanted negative behaviour, verbal, psychological or physical conducted by an individual or group against another person (or persons) and which is repeated over time. - Department of Education and Skills

Types of bullying

Verbal: Name calling, teasing, slagging, abusive language which can include comments on how person looks and/or clothes, where someone comes from, their family, race and/or accent, gender, sexuality, religion, disability

Physical: Pushing, shoving, grabbing, hitting, punching, kicking, hair-pulling, scratching, spitting, tripping, damage to personal property

Exclusion: Isolating a person by preventing them from joining in games, school activities and other social events

Rumour: Attacking a person's character by spreading false rumours, malicious gossip and/or nasty notes, speaking negatively about them while in earshot, writing offensive graffiti in toilets, lockers, etc.

Cyberbullying: Using electronic devices to send negative messages and posts to online platforms (e.g. Facebook, Twitter, YouTube, Snapchat). Often young people don't tell adults, because they worry that they will take their electronic devices away. So, they suffer alone

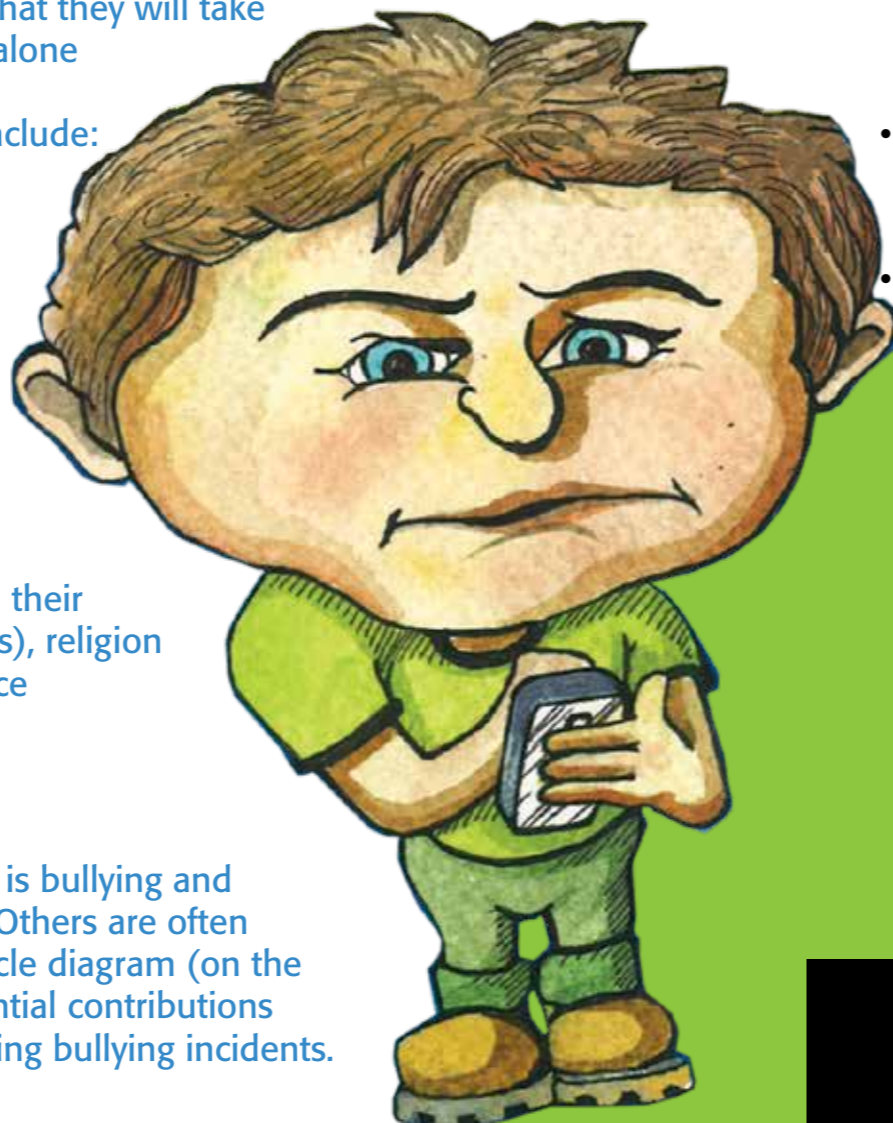
Gesture: Non-verbal aggression which can include: the cold stare, dirty looks, eyes rolling up to heaven (to show contempt), looks that could kill, mocking behaviour, signals that "you're going to get it"

Extortion: Demands/threats for money, possessions or equipment, blackmailing someone to engage them in anti-social acts, damaging another's property on purpose

Identity-based: Targeting a person based on their sexuality, disability, special educational need(s), religion or anything that singles them out for difference

The Bullying Circle

School bullying rarely involves someone who is bullying and someone who is being targeted by bullying. Others are often involved and can play a part. The bullying circle diagram (on the cover) is a useful tool for discussing the potential contributions students can make in promoting and preventing bullying incidents.



What can you do to prevent bullying?

- Bullying can be a bad habit that you might never given much thought to, but now that you know its negative effects, catch yourself in the act of the habit and stop
- Include classmates; don't leave them out
- Don't join in or support bullying
- Just say "No"
- Defend a targeted person/tell a person they are bullying
- Anonymous reporting/e-form
- Suggestion box
- Don't reply; save cyber evidence, report, make your account private
- Talk to someone you trust about it
- Keep a journal of bullying incidents
- Anti-Bullying Poster Competition
- Put yourself in the other's person's shoes. How do you think they feel about it?



What has proven effective in preventing and stopping bullying?

- Effective leadership
- Bullying Prevention Officer who manages and reviews effectiveness of bullying prevention strategies
- Clear procedures in dealing with bullying incidents: consistent recording and investigation
- Parental involvement
- Staff perceived by students as attentive, sympathetic and effective when bullying is reported
- Students' participation in school dialogue about bullying and involvement in the creation of intervention strategies
- Ongoing evaluation of the schools anti-bullying policy and bullying prevention methods

Helpful online resources

Anti Bullying Campaign
antibullyingcampaign.ie

Stopbullying.gov

Child line - barnardos.ie

Suicide Aware - suicideaware.ie

National Parents Council - npc.ie

Samaritans - samaritans.org

Institute of Guidance Counsellors - igc.ie

Belong (LGBT site) - belongto.org

Anti-bullying Centre - dcu.ie

Citizen's Information - Bullying in Schools

Reach Out - reachout.com

Headstrong - headstrong.ie

Jigsaw - jigsaw.ie

Inspire Ireland - inspireireland.ie

Blue Shield - ispcc.ie/shield

Body Whys - bodywhys.ie

Aware - aware.ie

Turn 2 Me - turn2me.org

Pieta House - pietahouse.ie

Spun Out - spunout.ie

Tackle Bullying - tacklebullying.ie

Web Wise - webwise.ie

If you are in need of a counsellor, your local GP should be able to recommend one, or you can go to counsellingdirectory.ie for a list of counsellors in your area